

SEASONS GREETINGS

- A PUBLICATION OF SEASONS HOSPICE -

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SEASONS HOSPICE

Provides individualized and compassionate care, education and support for the dying and others who have experienced loss.

- SEASONS HOSPICE -

1696 Greenview Drive SW
Rochester, MN 55902
phone: 507-285-1930
fax: 507-288-7251
www.seasonshospice.org

SEASONS HOSPICE

Adding Quality of Life to Each Day

EVOLVING TO MEET THE NEEDS OF THE COMMUNITY

by Beverly Haynes, RN, Executive Director



Pictured above: Front row: Audrey Oehlke, Sarah Oehlke, Seasons Hospice Founders; Back row: Doris Oehlke, Joann Wegman, Mary Amundson, Ingrid Oehlke, Pat Arnold

The past year proved to be one of tremendous growth for Seasons Hospice. The number of patients who sought hospice care from Seasons, either through our homecare program or at our Hospice House was at an all time high. Staff was added in order to continue providing the best quality care possible.

We also recognized the 20th anniversary of the opening of the Seasons Hospice House. A luncheon was held in early December at the house for the founders of Seasons Hospice - the Oehlke sisters-in-law, who possessed a vision for what end of life care should look like at a time when the concept of hospice was virtually unknown. We are grateful to these pioneering women who laid the foundation for the kind of compassionate care and support that Seasons Hospice has built its reputation on for over 20 years.

It has been a privilege for us to serve the residents of Rochester and surrounding communities during this time and we value the partnerships we have built with area organizations that join us in caring for individuals at the end of life.

As the population of our community ages in keeping with national trends, the demand for hospice care will continue to increase. Hospice recognizes that most people wish to die at home, whenever feasible, surrounded

by those they love, being afforded comfort measures so that their passing can be as comfortable and natural as possible. The focus ceases to be on curing the illness but rather on maximizing the quality of life for the patient in the time remaining.

In our efforts to meet the evolving needs of our community, Seasons has determined that by providing weekend response to hospice referrals we can help those with an emergent need for hospice meet their goals. In recent months we have been making preparations and putting staff in place, and we are pleased to announce that beginning this spring, Seasons Hospice will be taking weekend referrals and completing admissions seven days per week. We have also expanded our service area to a 40-mile radius of Rochester in order to provide hospice services to communities that are presently underserved.

Hospice is gaining wider acceptance as an alternative to curative care at the end of life as patients and families become more educated on the many benefits of hospice. This awareness contributes to the increase in the utilization that is being seen. Growth in the hospice industry will continue to be driven by an aging population as well as shifts in patients' preferences toward non-acute care with hospice providing a valuable and cost-saving alternative.

As we look forward to a year of growth and change, we are reminded of the dedication and steadfast support of our donors and supporters who have believed in our mission. First and foremost, Seasons Hospice is a community-based organization; our roots are here - deep and wide and we try in every way possible to give back to this community that has been so good to us. -SG-

ALSO INCLUDED IN THIS ISSUE:

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PLEASE NOTE:

Visit our website at www.seasonshospice.org to view our video, learn about Seasons Hospice programs, employment or volunteer opportunities and more. If you are interested in Seasons Hospice presenting to your organization on topics related to hospice and/or bereavement, please call us at 507-285-1930.

FACES OF HOSPICE: A Loving Tribute to a Beloved Man

This is a moving account, told by Bette Carson, of her husband Bob Carson's experience with Seasons Hospice as his Parkinson's disease progressed.



When my family and I remember my late husband Bob, we remember a loyal Army veteran; a beloved husband, father, grand and great-grandfather, a dyed-in-the-wool Mason; a hard worker who could build anything; and an ardent fisherman.

Bob and I met in 1951 at the Valencia Ballroom in Rochester. He had brought his father to the Mayo Clinic for care, and came to a dance one evening. I was there with four of my friends. When he offered to take me home, I insisted he take us all. My friends piled in the back and I rode with Bob in front.

Bob started driving from Missouri to Rochester every weekend, staying in our family's home. Eventually my dad said, "Bob, get a job and move up here." He followed Dad's advice, and we got married November 22, 1952. Bob died May 31, 2017. We were blessed with four children, four grandchildren, and two great-granddaughters.

Bob suffered from Parkinson's disease the last years of his life, and I took care of him at home. After he was hospitalized in April 2017 with pneumonia, we decided to return home with hospice care. We chose Seasons Hospice because of the excellent care they provided for my sister, who passed away in January 2017.

From the very first meeting, we knew Seasons Hospice was a good fit. Most importantly, the staff spoke clearly and respectfully to Bob, noting his hearing loss. They were kind and gentle and spent time getting to know him. A nurse talked with our daughter Karen and me to discuss the details of his medication and care. The staff came fully equipped to start providing care immediately, so we didn't need to worry about buying all the miscellaneous items that would be needed in the coming weeks. They thought of everything! They patiently explained what to expect, sensing how overwhelmed we felt.

The volunteer director carefully selected people she thought would connect with Bob. While I tried to plan ahead for volunteer requests, there were many times that I had to ask last-minute. If a volunteer couldn't be secured, the volunteer director filled in.

I was so grateful for the respect all the staff and volunteers gave my husband from the day they met him until his last day of life. Caring for someone who

FACES OF HOSPICE: *A Loving Tribute to a Beloved Man*

(continued)

“I was so grateful for the respect all the staff and volunteers gave my husband from the day they met him until his last day of life.”

doesn't feel well and is unable to do much for himself is very difficult, and everyone did this with grace and dignity. I truly trusted everyone.

Bob was proud of his military career and Seasons recognized this from the beginning. A kind Seasons Hospice veteran volunteer who served in the military came to our home to honor Bob and present him with a thank-you package. This meant so much to Bob and to us.

The nurses and aides were all extremely competent, and it was obvious their main concern was to keep my husband comfortable. They made themselves available by phone to answer questions 24/7. I can't tell you how comforting it was to call, have someone pleasantly answer the phone right away, and help with whatever I needed. They understood how emotionally and physically exhausting caregiving is and urged me to take some time for myself.

Twenty-four hours before Bob passed away he was transported to the Seasons Hospice House. There, the staff made him comfortable and explained what we could expect. The nurses and aides were excellent, and the doctor spent a great deal of time answering all our questions.

Most comforting during my husband's final hours was the chaplain who stayed with our family. She

got to know us and enjoyed listening to our stories about Bob. We felt so at ease with her that we asked her to preside over his funeral service. She did a wonderful job.

Bob was able to stay home, as he wanted, until the end of his life. My family and I are deeply grateful for everyone at Seasons Hospice. -SG-

Written by: Bette Carson

Pictured opposite page: Bob Carson



REFLECTIONS ON *STAY WITH ME AWHILE*

Mary E. Johnson, Co-Playwright

Nearly 1,000 people attended one or more of the 11 sold-out, world premiere performances of *Stay With Me Awhile*, recently staged at The Rochester Civic Theatre. The production was presented over three weekends in February in partnership with **Seasons Hospice**, with funding provided by the **Carl and Verna Schmidt Foundation**.

I began work on the script for *Stay* over seven years ago, collecting stories from people who had kept vigil with a dying loved one. I knew that these stories are often left untold and I thought the theatre would be a perfect space for some of the stories to be shared. I also felt strongly about making the sharing of these stories a communal experience where people would hear the stories and then have an opportunity to reflect on them together - in community.

Stay With Me Awhile became more than I ever dreamed it would be. The dedication, commitment and talent of the cast was at the heart of the project. The director brought a fresh and engaging style that energized everyone. The crew of the Civic Theatre brought tremendous skill and creative imagination to the project. The original music provided by a local composer was heart-warming and perfect for the many moods of *Stay*.

We weathered some storms along the way: a director with the flu; an actor with no voice; a rehearsal-cancelling blizzard; and the typical creative disagreements that are part of any theatrical endeavor. But every storm was followed by something better. As a retired minister, I call this Grace.

Stay With Me Awhile was made possible by the many people who stepped forward to contribute their personal stories. They did so with courage and pride. I am honored to have received their stories. The cast of *Stay* feels honored to have been their voice. The audience members were honored to have heard the stories. ***Now, let's continue the conversation.***



reflections

CENTER FOR GRIEF EDUCATION AND SUPPORT

Center for Grief Education and Support

SEASONS  HOSPICE

1. Veterans Discussion Group on Loss and Transition

2. Center for Grief Education and Support Provides Opportunity for Schools to Host Grief Groups for Students

3. Circle of Remembrance

4. Calendar of Events

VETERANS DISCUSSION GROUP ON LOSS AND TRANSITION

by Timothy J. Haskamp, LICSW

The Veterans Discussion Group is an ongoing discussion group specifically focused on loss issues as they relate to veterans. It is facilitated by a licensed social worker in conjunction with two veterans. It is a semi-structured format where veterans have an opportunity to come together to talk about their military experience and how it impacted or changed their lives. These losses can be multifaceted and complex, and not easy to share. Providing a forum to address these changes or losses in a sensitive way where the veterans become their own guides is the primary goal of the group. The group is not meant to be therapy but an environment of compassionate listening and sharing. The hope is that veterans will discover a means to experience the power and wisdom of their journey and the multitude of challenges that our veterans faced during their time of service and transition home. It is meant as a way to honor what veterans have sacrificed and given to their country and to each one of us.

There can be a variety of grief/loss issues that veterans may have experienced. When veterans are trained to fight, to protect their country and fellow soldiers, they must put their emotions aside to do their job, but the feelings related to losses they have experienced remain and likely need to come out in some way. This can be especially profound when a veteran loses a buddy or fellow soldier. Being separated from family during their time away when a loved one back home dies does not allow the veteran the opportunity to share the loss with loved ones in traditional ways.

Transitioning home and the challenges faced with trying to re-integrate into society while seeking to integrate what a veteran experienced in conflict or

their time away can be a form of grief. It can have a significant impact on marriages and family relationships. When you are away from loved ones and have experienced death, it changes you and may make you wonder how society or your family will receive you or even understand you. There can be a loss of innocence, a loss or change in a value, moral or belief system as a result of their military experience, especially if they were in a conflict zone and witnessed death. When a veteran is injured, it brings profound challenges and changes to their life with lost dreams for the future. It can be challenging not even knowing how to talk about what was experienced or even wanting to talk about it. Our hope is simply to provide veterans with an opportunity to share what they have experienced with loss and change as a result of their military experience.

Certainly not every veteran experiences challenging grief and loss as every veteran has their own journey and ways to manage the challenges they faced. But for those who may be struggling with these types of experiences, this group is meant to provide an opportunity for the veterans to come together to share and teach about their experiences of loss in an open and honest forum. It is facilitated with an organized format on grief, loss and transition; but ultimately, the veterans will guide the direction of the group.

The Veterans Discussion Group meets the first and third Monday of the month from 6:00-7:30 pm at the Center for Grief Education and Support, 1696 Greenview Dr SW, Rochester. Please contact Timothy Haskamp at (507).285.1930 for further information...

“The risk of love is loss, and the price of loss is grief – But the pain of grief is only a shadow when compared with the pain of never risking love.”

~ HILARY STANTON ZUNIN

CENTER FOR GRIEF EDUCATION AND SUPPORT PROVIDES OPPORTUNITY FOR SCHOOLS TO HOST GRIEF GROUPS FOR STUDENTS

Part of the expansion of the Center for Grief Education and Support has been providing opportunities for schools to host grief groups for students. As part of our education we provide students with a “Common Grief Reactions” list. This sheet contains information on how grief impacts our mind, body and spirit. After the students have had a chance to review physical, emotional, mental and spiritual changes they may have experienced since the death of someone close to them, they are then handed an anonymous questionnaire. Below are some of the responses we have received:

- 1. Grief affects us physically (rapid heartbeat, shortness of breath, difficulty sleeping or eating etc.) Can you list some physical changes you have noticed?**
 - More headaches and fatigue
 - Lack of sleep, lack of appetite, breakdowns in school
 - Physical illness
 - Nightmares or night terrors
 - Feeling stuck in a bad dream
 - Dizziness
 - Not physically here, kind of floating
- 2. Grief affects us mentally (difficulty concentrating, more forgetful, etc.). Have you noticed any changes – especially in school?**
 - No real emotion, numbness
 - Being out of it
 - Short-term memory loss, difficulty concentrating
 - Stopped doing my homework
 - Sleeping in class
- 3. After a death, our emotions can be all over the place. You might find yourself getting angry over small things that never used to bother you, or you are having trouble “holding it together” and are afraid you may have a breakdown at any moment. This is normal! Can you name any emotions or feelings that have surprised you?**
 - Anger, frustration, being angry all the time
 - Changes in behavior, mood swings
 - Panic attacks and irritability
 - Crazy thoughts in my head
- 4. What is one thing you wish your teachers knew right now?**
 - That it is going to take a while for me to get back
 - Sometimes I have days or weeks where it’s hard or impossible to do work
 - Everybody isn’t living a happy life and you never know what a person is going through
- 5. What is something you wish you could talk to your friends about?**
 - I don’t have friends
 - Most of them know my situation
 - I really don’t feel safe talking about it to a lot of people, only a few safe ones

If you have a teen who has experienced the death of someone close to them, we have a Teen Drop-In the third Wednesday of the month from 4:30-5:30 PM, and a Teen Survivor of Suicide group the third Wednesday of the month from 6:00-7:30 PM. If they are in middle or high school, please feel free to call our office (507-285-1930) to see if we provide a group in that school.

The best way to support your teen is to be honest and provide time to simply listen. The above list can be an open door to a meaningful conversation about how your teen is doing. Be honest with them about how you are doing as well and let them know that these feelings are normal – that they are not going crazy. **If you would like to schedule an individual time or a family session, please call us at 507-285-1930, visit our website at seasonshospice.org, or email us at cges@seasonshospice.org. You are not alone on this journey.**

reflections

CENTER FOR GRIEF EDUCATION AND SUPPORT

CIRCLE OF REMEMBRANCE

After the death of a loved one we often look for ways to preserve their memory. Some may journal and express their love in writing, others may paint or develop a “play list” of music expressing the various moods of their relationship. Some are able to build large monuments such as buildings or lasting memorials to honor, appreciate and educate future generations as to the contributions of this individual, while others mark a spot with a simple cross or inconspicuous reminder that only they would understand. Memorials are also created as a way of coping with grief.

Seasons Hospice offers an opportunity to remember loved ones through our Circle of Remembrance Memorial. A personalized paver that is inscribed with your own sentiment about your loved one will be placed along the pathway on the grounds of the Seasons Hospice House.

To order a paver, the following options are available:

- Fill out the form below (back of form found on page 4 of this insert) and return to Seasons Hospice with your payment;
- Complete and submit an online form <https://www.seasonshospice.org/circle-of-remembrance-memorial-paver-form>;
- Contact Heidi Smith, Director of the Center for Grief Education and Support, 507-285-1930; cges@seasonshospice.org.

CIRCLE OF REMEMBRANCE — ORDER FORM —

YES, I wish to purchase a
Commemorative Granite Paver at \$250 \$ _____
(includes one complimentary mini replica paver)

Additional Mini Replica Paver(s) = \$35 each # _____ \$ _____
TOTAL \$ _____

- If purchasing additional pavers, please indicate here if you would like them placed together.
- NO, I do not wish to purchase a paver, but I'd like to make a donation in the amount of \$ _____
- Check enclosed. Make checks payable to: **Seasons Hospice.**
- Charge to: Visa Master Card Discover
- Card # _____ Exp. _____

Signature _____

Purchaser _____

Address _____

City _____ State _____ Zip _____

Use the reverse side of this form to write your inscription.
Please send completed form(s) with payment enclosed to
Seasons Hospice

1696 Greenview Drive SW
Rochester, MN 55902

**Orders will be processed and bricks engraved in
batches of eight to ten. You will be notified
when your paver has been installed.**

For more information, contact

Seasons Hospice at (507) 285-1930.

If you wish to purchase more than one regular-sized paver, please make a copy of this order form for each purchase, completing both sides.

*“Memorials help us to look back and move forward.
We can safely continue on because we remember.
What we remember lives on.”*

~ PAT SCHWEIBERT, GRIEF WATCH

CALENDAR OF EVENTS

ONGOING PROGRAMS

Newly Bereaved Group

First Thursday of each month 6:30-8:30 pm
Third Thursday of each month 12:00-2:00 pm

Coffee and Conversation

Second/Fourth Wednesdays of each month 9-10:00 am
Third Thursday of each month 6:00-7:00 pm

Pregnancy After Loss Group

First Wednesday of each month 6:30-8:00 pm

Pregnancy and Infant Loss Group

Second Thursday of each month 6:30-8:00 pm

Pet Loss Group

Second Wednesday of each month 6:00-7:00 pm

Survivors of Suicide Groups (Adults and Teens)

Third Wednesday of each month 6:00-7:30 pm

Teen Drop-In Group

Third Wednesday of each month 4:30-5:30 pm

Veteran Loss and Transition Discussion Group

Second/Fourth Mondays of each month 6-7:30 pm

Individual counseling available by appointment -
call (507) 285-1930 and ask to speak to Heidi Smith

SPECIAL PROGRAMS

APRIL • Adult Grief Group

A ten-week group meeting for those who wish to explore issues related to grief and loss.

Tuesdays, April 10 – June 12

JUNE • Remembering and Celebrating

Walk the beautiful Seasons Hospice House grounds and visit the Circle of Remembrance Memorial. Enjoy reflective music and poems as you remember and celebrate loved ones.

Sunday, June 24 1:00-3:00 pm, Seasons Hospice House

AUGUST • One Year Later...Rebuilding Your Life

A three-week group meeting for anyone ready to explore a future without their loved one.

Tuesdays, August 7 – August 21 6:00-7:30 pm

SEPTEMBER • Adult Grief Group

A ten-week group meeting for those who wish to explore issues related to grief and loss.

Tuesdays, September 11 – November 13

All grief groups are held at the Center for Grief Education and Support located at 1696 Greenview Drive SW, Rochester.
For more information call 507-285-1930; www.seasonshospice.org; cges@seasonshospice.org

CIRCLE OF REMEMBRANCE GRANITE PAVER INSCRIPTION

The inscription must fit within three lines of 20 characters each. A space or punctuation mark counts as one character. Please write your inscription in the spaces provided below.

Please send order form with payment to:
Seasons Hospice, 1696 Greenview Drive SW,
Rochester, MN 55902

– A LIVE & LOVE AFFAIR 2017 – *Fête de Paris*

Elegance, enthusiasm and excellent cuisine were all part of the 12th annual “A Live & Love Affair - Fête de Paris” gala held on Saturday, November 18 at the Rochester International Event Center. From the sounds of gypsy jazz performed by “Under Paris Skies” trio to caricature portraits and photos taken against a Parisian café backdrop, over 475 guests were transported to Paris for an evening. Rounding out the evening was the Bruce A. Henry Band who brought down the house with their incomparable music. Special thanks to our terrific co-emcees Tom Overlie and Caitlin Alexander, KTTC-TV News co-anchors, and John Kruesel, auctioneer extraordinaire.

“Fête de Paris” was a huge success on many levels, including financially, with \$155,000 in net revenue raised in support of our hospice and grief support programs. Our sponsors played a major role in this achievement, beginning with our Platinum Sponsor: Think Mutual Bank. Other major sponsors included Gold Sponsors: Greg and Sharon Gentling and the Rochester International Event Center. Our Entertainment Sponsor was Ranfranz and Vine Funeral Homes; Décor Sponsor was Marcia and John Bouquet. KTTC-TV provided extensive publicity as our Media Sponsor and our Printing and Graphics Sponsors were Davies Printing Company and Tammy Westby - CRW Architecture + Design Group. Lighting and Special Effects Sponsors were Custom Alarm and Sound and Media Solutions; Silver Sponsor was Hayfield Window and Door Company. Our Wine Raffle Sponsor was Andy’s Liquor.

The following businesses provided sponsorship at the Bronze level: A.B. Systems, Shawn and Shelly Buryska/Coldwell Banker Burnet Realty, Carson Bushman and Associates, Hansen Title and Legal Services, LLC., Marco, Medline, North Risk Partners - CO Brown Division, R & S Transport, Smith Schafer & Associates, LTD. Contributing sponsors included Apollo Wine & Spirits, Chocolaterie Stam, Le Jardin European Style Floral, Olmsted Medical Center and World Class Wines.

Generous inkind support was given by Schad Tracy Signs for its stunning Paris skyline backdrop and Northern Sun Productions for its beautiful event lighting. Brandon Slocum, photographer, worked tirelessly to photograph every last guest. And we mustn’t forget our lovable mime, Anthony McClellan. We thank all our sponsors, underwriters, auction donors and guests for their generous support!

We also owe our success to our incredible gala co-chairs Mary Bowman and Dee Elwood and amazing committee which included Therese Armstead, Shelly Buryska, Ginger Carson, Jeannine Hadley, Caryl Jermier, Miki Paulson, Terri Penz and Tammy Westby.



Gala guests Dee Elwood, gala co-chair; Anthony McClellan, mime; and Megan Wright



Elegant table setting



Casey the Caricaturist drawing portraits

Please mark your calendars now for November 17, 2018 for the upcoming “A Live & Love Affair - A Night in Havana!”

VOLUNTEER SPOTLIGHT: *Kip L. Frick – “You’re a hospice volunteer? I could never do that.”*

By Kip L. Frick



About nine and one half years ago while sitting in church, I read in the bulletin that Seasons Hospice volunteer training would be held soon right at our church. I never heard a word of that sermon. My mind immediately went to my great aunt and uncle. She had Alzheimer’s disease. Even though I was a fairly young kid, I was able to see that my great uncle was wearing himself out caring for her. I thought that even I could give a loved one a break to go shopping, get their hair done or just enjoy a respite. This invitation to be a volunteer was an immediate calling.

I am often amazed how people tell me they can’t imagine volunteering or working with hospice. Their fear or concern just doesn’t enter my mind. I have been blessed to be part of the final stage of 22 people’s lives. My first hospice patient was a well known dancer from Mexico. You should have seen the stunning pictures of her dancing. Her journey ended soon after my first visit. This was a very important lesson for me. Because of this, I treat every visit as if it will be the last with that patient.

My profession is in sales. One of the first things you learn in sales is to try to find that common thread to help build rapport. My second hospice patient had ALS. He couldn’t verbally communicate. Honestly, I struggled through our first visit. Looking around and going through photo albums with him, I realized we had golf in common. Each Monday or Tuesday when I would visit, I read him the previous weekend’s golf tournament results. I was never able to get a reaction. Then in April, my favorite golfer, Phil Mickelson, won the Masters. This was also Phil’s first Major tournament win! When I reported this story, I finally got a reaction! His wife later told me that Phil was his favorite golfer too.

Patients dying alone are why I am most proud to be a direct care volunteer. As my last patient was in her 11th hour, there was a quiet moment when I wrote the following:

*Alone.
A tattered lampshade filters bright light to calm.
The answering machine shows “0”.
A cordless phone sits silently cradled with a full charge.
Walker in the corner.
The wheelchair is behind used now to hold blankets.
With shallow breaths, Beverly softly squeezes my hand.
Not alone.*

Thank you Seasons, for allowing me to be part of your mission.

Celebrating Volunteers! *National Volunteer Week - April 15-April 21, 2018*

Hospice began as a volunteer-driven movement in this country more than 40 years ago and volunteers continue to play an indispensable role in enabling hospice and palliative care organizations to offer the best care possible for patients and their families and caregivers,” said Edo Banach, NHPCO president and CEO.

It is federally mandated under Medicare that five percent of all patient care hours be provided by trained volunteers. This regulation reflects the vital role that volunteers play in the hospice philosophy of care and ensures that a hospice program has roots deep in the community. The Medicare Hospice Benefit was created in 1982 and was made permanent by Congress in 1986.

Thank you to all our valued Seasons Hospice Volunteers!

SEASONS HOSPICE BOARD OF DIRECTORS TRANSITIONS

We bid farewell to four longtime board members, each of whom completed their ninth year on our board. They are: **Randy Greeson, Tim Hansen, Carol Lingbeck and Peter Schuller**. Their expertise and service to Seasons Hospice over these past years is greatly appreciated and we wish them well.

New to the Seasons Hospice board this year is **Sheila Kiscaden**, Olmsted County Commissioner and **Nick Leimer**, Director of Operations for Kraus Anderson Construction Company in Rochester. We welcome them to the board!

SEASONS HOSPICE WELCOMES NIKKI GRUIS DIEKMANN TO OUR STAFF



We are excited to announce the addition of Nikki Gruis Diekmann to our leadership team as Director of Quality and Compliance for Seasons Hospice. Nikki possesses a depth of knowledge and experience in hospice and home health care through the various positions she has held in this field. Prior to that, she served as Director, then Regional Operations Manager of Home Health, Hospice, and Palliative Care for Mayo Health System out of Red Wing for seven years.

What is it about Seasons Hospice that made you decide to pursue employment here?

When I first began to work in home health and hospice 13 years ago, I had heard and knew of Seasons as the pinnacle hospice in the Rochester area due to the quality of care provided. This partly drew me to the organization along with its strong foothold in giving back to its community through the provision of care (both active hospice and bereavement).

What are you hoping to accomplish in the short-term and in the future in your role at Seasons?

A major goal of mine for both short and long term is to continue to help balance out the "3-legged stool" that every organization has: operations, clinical services, and marketing. In operations, I will assist primarily with regulatory compliance; clinical services with quality initiatives; and marketing by serving as the liaison between Seasons and our referral sources/facilities.



Kooky Concessions and Catering will be hosting its second annual fundraiser to benefit Seasons Hospice on Sunday June 10, 2018 from 1-6 p.m. at the Eagles Club in Rochester MN. There will be silent auctions, raffles with prizes for both kids and adults, games with prizes, bake sale, live music and lots of fun for the whole family. **50% of Kooky's proceeds will be going to Seasons Hospice.**

PLANNED GIVING REMINDER

Please consider making an investment in the future of Seasons Hospice.

There are many ways to make a lasting and significant gift to Seasons Hospice that will continue supporting our mission in perpetuity. Through planned gifts such as a bequest, beneficiary designation, charitable gift annuity or many other planned giving models, you could realize tax benefits or even income at the same time you are helping sustain Seasons Hospice.

Please notify Seasons Hospice if you have already included us in your estate plans so you can be inducted into our "Seasons of Life Society" for legacy donors.

For more information about planned giving options visit <https://seasonshospice.giftlegacy.com> or contact Carolyn Piepho, Director of Development and Communications at cpiepho@seasonshospice.org or call 507-285-1930.

1696 Greenview Drive SW
Rochester, MN 55902

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duplicate issues or no longer
wish to receive this newsletter.*

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APRIL 16TH IS NATIONAL HEALTHCARE DECISIONS DAY!

*For more information contact Seasons Hospice at 507-285-1930 or email info@seasonshospice.org.
Carol Shaffer, Seasons Hospice Chaplain and Certified Advance Care Planning Facilitator,
will be available on 4/16 from 9:00 a.m. to 4:30 p.m. for walk-in consultations
at the administrative office - 1696 Greenview Drive SW.*

Or visit the website of National Healthcare Decisions Day at www.nhdd.org